The Pharmaceutical Society of South Africa Young Pharmacists' Group

435 Flinders Lane Lynnwood 0081 PO Box 75769 Lynnwood Ridge 0040



Telephone: +27 (0) 12 470 9550 Fax: +27 (0) 12 470 9556 E-mail: ypg@pssa.org.za Website: www.pssa.org.za

YPG Newsletter #05 - 20 March 2024

1. Financial Well-being for the Young Pharmacist Event – PSSA YPG x PPS x PSSA CWP The PSSA YPG, in collaboration with PPS, is excited to extend a warm invitation to our upcoming event "Financial Well-being for the Young Pharmacist". Embarking on the journey of receiving your first pay-cheque is undeniably exhilarating, yet intimidating. Financial independence offers joy and freedom but requires a keen understanding of personal financial responsibilities.

To help you navigate this pivotal phase with confidence and clarity, the PSSA YPG, in collaboration with PPS and the Cape Western Province Branch of the PSSA is hosting an event titled "Financial Well-being for the Young Pharmacist" on Thursday, April 11, 2024. At this event esteemed speakers from PPS will delve into essential financial topics tailored to early career professionals. Young pharmacists will gain valuable insights and strategies to navigate personal budgeting, investments, and retirement planning, as well as debt, credit scores, and insurance.

In addition, we are honoured to have a YPG alumna share insights from her experience in professional societies.

After attending this event, attendees will:

- 1. Understand how to create a budget.
- 2. Gain more knowledge on investments and retirement planning.
- 3. Understand the concepts of debt, credit score, and insurance.
- 4. Obtain a deeper appreciation for the profession and create life-long connections.

Event details

Date: Thursday, 11 April 2024

Time: 19h00 for 19h30

Venue: Pharmacy House (S Block, Greenford Office Estate, Punters Way, Kenilworth)

RSVP by Monday, 8 April 2024, 13h00:https://forms.gle/XrTx94HkL7we2vxh7

We look forward to welcoming all you young pharmacists to this enriching event!





2. PSSA YPG Subcommittee Members' Achievements!

The Steering Committee is proud to announce the following subcommittee members' appointments!







DEPUTY CHAIRPERSON SAAHIP LIMPOPO



KUTULLO

ADDITIONAL MEMBER
SAAHIP LIMPOPO



CHAIRMAN SAAHIP CWP



ALEX
VICE-CHAIRMAN
SAAHIP CWP



BYRON
CONGRESS LIAISON
FIP FCPG



NTOMBI MEMBER RELATIONS COORD. FIP ECPG



TREASURER SAAHIP MPUMALANGA







Congratulations to all of the above and all the subcommittee members that have been working tirelessly in the background to bring the vision and mission of the PSSA and PSSA YPG alive. Thank you for your willingness to participate in matters of the pharmacy profession!

3. The PSSA YPG's Professional Innovation Project Grant

The PSSA YPG annually awards a Professional Innovation Project (PIP) Grant to a young pharmacist. The goal of the PIP is to promote innovation in the profession of pharmacy and pharmaceutical sciences through supporting creative projects by young pharmacists (pharmacy practitioners and pharmaceutical scientists), which directly or indirectly benefit or improve health and demonstrate the value added by pharmacy to health.

The grant: R15 000 granted for the implementation of the winning project. Eligibility: Applicants need to be paid-up PSSA members who fulfil the criteria of a young

pharmacist*.

Project type: Pharmacy practice, pharmaceutical sciences, or pharmacy education. Judging criteria: Significance and relevance, creativity and innovation, scientific accuracy, flexibility, clarity of communication.

Submission deadline: Tuesday 30 April 2024 Check out PSSA YPG Newsletter #4 (07.03.2024) or otherwise visit the PSSA website (For members > Young Pharmacists' Group) to access the application form and some pointers and tips for success.





The PSSA YPG's

Professional Innovation Project Grant

is now open!

Closing Date: 30 April 2024





Completed applications must be emailed to Ms Zandile Ndebele Professional Innovation Project Coordinator Email: ypg@pssa.org.za.

*individual members of PSSA who are recent graduates (up to five years after graduation from their first degree in pharmacy) or are below the age of 35 years. Are you interested in exploring more of the Pharmaceutical Society of South Africa's (#pssa) #opportunities and #resources? Visit our website today to find out how to become a member: https://www.pssa.org.za/

Yours in Pharmacy PSSA YPG Steering Committee 2023/24

Make sure to connect with us via:

Email: ypg@pssa.org.za

Facebook: https://www.facebook.com/YPGPSSA Instagram: https://www.facebook.com/YPGPSSA

LinkedIn: https://www.linkedin.com/company/young-pharmacists-group-ypg/

